

REFERENCES AND RESOURCES

- Zero to Three
<https://www.zerotothree.org/resources/2406-divorce-with-an-under-3-in-the-house-what-you-need-to-know>
- *Trauma, Stress and Resilience in Young Children*. Self study course from Center for Inclusive Child Care.
<https://www.inclusivechildcare.org/resource-library/self-study/trauma-stress-and-resilience-young-children>.
- Helping the Child Who is Anxious. Self Study course from Center for Inclusive Child Care.
<https://www.inclusivechildcare.org/resource-library/self-study/helping-child-who-anxious>